

Medication Therapy Management Falls Risk Reduction (MTM FRR) program

The Medication Therapy Management Falls Risk Reduction (MTM FRR) program consists of individualized evaluation of a senior's medications provided by Doctor of Pharmacy students under the supervision of UB SPPS faculty. This focused review utilizes medication falls risk tools developed by UB SPPS faculty derived from medical literature investigating the links between medications and falls/fractures. Seniors will invest approximately 30 minutes and will receive a Personal Medication Record (PMR), a Medication Action Plan (MAP) and a Medication Falls Risk Report Card. The report card identifies those drugs that are associated with falls and offers options to reduce that risk. If the Senior would like, we would communicate this information to their doctor.



What is medication therapy management?

Also referred to as MTM, is a term used to describe a broad range of health care services provided by pharmacists, the medication experts on the health care team.

- Selecting, initiating, modifying, or administering medication therapy
- Monitoring and evaluating the patient's response to therapy, including safety and effectiveness
- Performing a comprehensive medication review to identify, resolve, and prevent medication-related problems, including adverse drug events
- Documenting the care delivered and communicating essential information to the patient's other primary care providers
- Providing verbal education and training designed to enhance patient understanding and appropriate use of his/her medications
- Providing information, support services, and resources designed to enhance patient adherence with his/her therapeutic regimens
- Coordinating and integrating medication therapy management services within the broader health care management services being provided to the patient

For more information please visit the website: [APhA MTM Central](http://www.pharmacist.com/mtm-central)

STAMP Out Programs

The *STAMP Out Program* is a tool to help pharmacists and other health care professionals educate seniors, caregivers, families, and community-based senior services providers about prescription drug misuse and abuse in older adults. STAMP OUT was developed by the American Society of Consultant Pharmacists Foundation. We offer 3 programs depending on your needs:

- ♦ **STAMP Out Prescription Misuse & Abuse**
Developed for use with older adults and their caregivers.
- ♦ **Not What the Doctor Ordered**
Developed for use with staff of community-based senior service providers.
- ♦ **Prescription Drug Misuse & Abuse in Older Adults**
Developed for use with health care professionals.

For more information please visit the website: <https://www.ascp.com/articles/stamp-out-prescription-drug-misuse-abuse>

Bone Density Screening

UB School of Pharmacy offers free Bone Density Screening for at risk individuals using a portable scanner. The machine is used to provide patients with quick, non-invasive test results from which they can get feedback instantly and take with them to share with their primary care physician for further discussion/evaluation.



VIAL of Life

The Vial of LIFE (Lifesaving Information for Emergencies) is a smart way to have your medical information on hand just in case of an emergency. The Vial of Life speaks for you when you can't speak or don't feel well. First responders are alerted to the presence of your information by a window decal and can quickly find vital information about your medical care.

How to use the Vial of Life:

1. Fill out the Vial of Life form.
2. Place a decal on front of a empty prescription vial.
3. Place the vial in refrigerator door.
4. Place a decal on the front door so it can easily be seen by anyone responding to an emergency.

For more information, please the website:

www.VialofLIFE.com

Call to set up a program that best suits your organizations needs. We can help decide what is best for you:

You can choose from the following:

STAMP Out Program s

And add the following programs:

MTM Falls Risk Clinic and/or the
Vial of Life Project

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For more information or to schedule a program, please contact the Program Coordinator Pam Coniglio at:

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Medication education and Safety for
SENIORS (MISuSE) Program



The Medication education and Safety for SENIORS program provides Seniors with useful information on appropriate and safe use of prescription medications, Over-the-Counter (OTC) drugs and herbal products. The goal of this program is to prevent medications from causing harm to seniors who are especially vulnerable to adverse effects. Students from the University at Buffalo School of Pharmacy and Pharmaceutical Sciences (UB SPPS) visit organizations and facilities throughout Western New York where seniors are provided group and/or individual education about their medications. The **STAMP Out Programs** are presentations that can be tailored to the needs of the audience. The Medication Therapy Management Falls Risk Reduction (MTM FRR) program consists of individualized evaluation of a senior's medications provided by Doctor of Pharmacy students under the supervision of UB SPPS faculty. The **Vial of Life Project** is a tool kit that allows first responders to have access to an updated medication list when called to a senior's home.